

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Zones of Regulation Class Charters Mental Health Emotional Wellbeing		Identity, society and equality <i>(me and others)</i>	Drugs, alcohol and tobacco education <i>(what do we put in our bodies?)</i>	Mental Health and emotional wellbeing <i>(Feelings)</i>	Careers, financial capability and economic well being <i>(My money)</i>
Year 2	Zones of Regulation Class Charters Mental Health Emotional Wellbeing		Relationships and Health Education <i>(boys and girls, families)</i>		Keeping safe and managing risk <i>(indoors and outdoors)</i>	Drugs, alcohol and tobacco education <i>(medicines and me)</i>
Year 3	Zones of Regulation Class Charters Mental Health Emotional Wellbeing		Relationships and Health Education <i>(boys and girls, families)</i>		Careers, financial capability and economic wellbeing <i>(saving, spending and budgeting)</i>	Physical health and wellbeing <i>(what helps me choose)</i>
Year 4	Zones of Regulation Class Charters Mental Health Emotional Wellbeing		Relationships and Health Education <i>(growing up and changing)</i>		Identity, society and equality <i>(democracy)</i>	Drugs, alcohol and tobacco education <i>(making choices)</i>
Year 5	Zones of Regulation Class Charters Mental Health Emotional Wellbeing		Relationships and Health Education <i>(growing up and changing)</i>		Drugs, alcohol and tobacco education <i>(different influences)</i>	Careers, financial capability and economic wellbeing <i>(borrowing and earning money)</i>
Year 6	Zones of Regulation Class Charters Mental Health Emotional Wellbeing		Relationships and Health Education <i>(healthy relationships)</i>		Mental Health and emotional wellbeing <i>(Healthy Minds)</i>	Keeping safe and managing risk <i>(out and about)</i>